

# HOLIDAY POOL SCHEDULE

**December 22<sup>nd</sup> - December 28<sup>th</sup>**

## **Monday December 22<sup>rd</sup>**

Lane Swim	7:00-8:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	8:30-9:30 a.m.
AquaFit	9:35-10:25 a.m.
Adult Open Swim	10:30-11:30 a.m. ( <b>no lanes MP only</b> )
Family Swim	10:30-11:30a.m. (WWP only)
Adult Lane Swim	12:00-1:00 p.m.
Open Swim	1:30-3:00 p.m. (no lanes)
Adult Leisure Swim	3:30-4:30 p.m.
Indoor Walking on Deck	3:30-4:30 p.m.
Lane Swim	4:30-5:30 p.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Open Swim	6:00-7:00pm

## **Tuesday December 23<sup>rd</sup>**

Lane Swim	7:00-8:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	8:30-9:30 a.m.
Family Swim	9:35-10:25 a.m.
Low Sensory Swim	10:45-11:45 a.m.
Adult Lane Swim	12:00-1:30 p.m.
Leisure Swim	3:30-4:30p.m.
Lane Swim	4:30-5:30p.m.
FREE Open Swim	6:00-7:00p.m.

## **Wednesday December 24<sup>th</sup> – EARLY CLOSURE**

Lane Swim	7:00-8:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	8:30-9:30 a.m.
Open/Family Swim	9:45-11:30 a.m. (no lanes)

## **Thursday December 25<sup>th</sup> and Friday December 26th- CLOSED**

## **Saturday December 27<sup>th</sup>**

Lane Swim	8:30-9:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	9:30-10:30 a.m.
Family Swim	10:30-11:30 a.m.
Adult Lane Swim	12:00-1:30 p.m.
Open Swim	2:00-3:00 p.m. (no lanes)

## **Sunday December 28<sup>th</sup>**

Lane Swim	8:30-9:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	9:30-10:30 a.m.
Family Swim	10:30-11:30 a.m.
Adult Lane Swim	12:00-1:30 p.m.
Open Swim	2:00-3:00 p.m. (no lanes)

## ADMISSION & PROGRAM DESCRIPTIONS:

\*\*See Website for Admission Standards and most current program schedule

**(last minute changes may happen)**

[www.collingwood.ca/recreation/aquatics](http://www.collingwood.ca/recreation/aquatics)

**Lane Swim** - Main pool designated for lengths & warm-water pool for exercise. Ages 16 years+ (unless otherwise indicated on the schedule). Lane markers for "slow, medium, fast" swimmers, lanes are to be shared

**Adult Leisure Swim** - Lanes available for lengths in the main pool & open for general exercise. Both pools available. 16 years+

**Adult Open Swim** – Main pool with NO LANES designated for 16 years+

**Family Swim** - Designated for families (guardians/parents + child(ren)), both pools available. No adult swimming available during these times unless indicated.

**Open Swim** - Open access to both pools. All ages may attend. Remember, Children under 10 years of age must be accompanied in the pool by a parent or guardian (14+).

**Aquafit** - Instructed Aqua Aerobics access to both pools with music. Ages 16 years+

**Low Sensory Swim** – A quieter swim time with dimmed lights, no music, and reduced capacity. Designed for individuals who have physical disabilities or are sensitive to sensory input, such as those with autism or sensory processing disorders.

# HOLIDAY POOL SCHEDULE CONTINUED

December 28<sup>th</sup> – January 4<sup>th</sup>

## **Monday December 29<sup>th</sup>**

Lane Swim	7:00-8:30 a.m. (4 lanes for Adults, 2 lanes Clippers)
Adult Leisure Swim	8:30-9:30 a.m.
Aquafit	9:35-10:25 a.m.
Adult Open Swim	10:30-11:30 a.m. ( <b>no lanes MP only</b> )
Family Swim	10:30-11:30a.m. (WWP only)
Adult Lane Swim	12:00-1:00 p.m.
Open Swim	1:30-3:00 p.m. (no lanes)
Adult Leisure Swim	3:30-4:30 p.m.
Indoor Walking on Deck	3:30-4:30 p.m.
Lane Swim	4:30-5:30 p.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Open Swim	6:00-7:00pm

## **Tuesday December 30<sup>th</sup>**

Lane Swim	7:00-8:30 a.m. (4 lanes for Adults, 2 lanes Clippers)
Adult Leisure Swim	8:30-9:30 a.m.
Family Swim	9:35-10:25 a.m.
Low Sensory Swim	10:45-11:45 a.m.
Adult Lane Swim	12:00-1:30 p.m.
Leisure Swim	3:30-4:30p.m.
Lane Swim	4:30-5:30p.m.
FREE Open Swim	6:00-7:00p.m.

## **Wednesday December 31<sup>st</sup> – EARLY CLOSURE**

Lane Swim	7:00-8:30 a.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Adult Leisure Swim	8:30-9:30 a.m.
Open/Family Swim	9:45-11:30 a.m. (no lanes)

## **Thursday January 1<sup>st</sup> - CLOSED**

## **Friday January 2<sup>nd</sup>**

Lane Swim	7:00-8:30 a.m. (4 lanes for Adults, 2 lanes Clippers)
Adult Leisure Swim	8:30-9:30 a.m.
Aquafit	9:35-10:25 a.m.
Adult Open Swim	10:30-11:30 a.m. (no lanes)
Adult Lane Swim	12:00-1:00 p.m.
Family Swim	1:30-3:00 p.m. (no lanes)
Adult Leisure Swim	3:30-4:30 p.m.
Indoor Walking on Deck	3:30-4:30 p.m.
Lane Swim	4:30-5:30 p.m. (5 lanes for Adults, 1 lane for Youth ages 10+)
Open Swim	6:00-7:00pm

## **Saturday January 3<sup>rd</sup>**

Lane Swim	8:00-9:00 a.m.
Adult Leisure Swim	9:00-10:00 a.m.
Open Swim	10:30-11:30 a.m. (no lanes)

## **Sunday January 4<sup>th</sup> – CLOSED**

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**Adult Leisure Swim** - Lanes available for lengths in the main pool & open for general exercise. Both pools available. 16 years+

**Adult Open Swim** – Main pool with NO LANES designated for 16 years+

**Family Swim** - Designated for families (guardians/parents + child(ren)), both pools available. No adult swimming available during these times unless indicated.

**Open Swim** - Open access to both pools. All ages may attend. Remember, Children under 10 years of age must be accompanied in the pool by a parent or guardian (14+).

**Aquafit** - Instructed Aqua Aerobics access to both pools with music. Ages 16 years+

**Low Sensory Swim** – A quieter swim time with dimmed lights, no music, and reduced capacity. Designed for individuals who have physical disabilities or are sensitive to sensory input, such as those with autism or sensory processing disorders.