

JUNE 2021

Active living is healthy living.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 National Health & Fitness Day
6 Have you noticed the painted rocks along the trails? What has been your favorite?	7 Follow our On The Land We Love trail loops and explore each of our community expressions	8 Stop & Smell the Roses! Spend your lunch outdoors	9 Join our virtual Cycling Tips with Jody as part of On The Land We Love	10 Discover a new Collingwood Trail. Don't forget your helmet.	11 Find a sense of balance at the Collingwood Labyrinth.	12 Try something new! Always wanted to try a new activity? Today's the day!
13 Pick today to check out our StoryWalk on the Train Trail	14 What game is your favorite to play with a ball?	15 Enjoy the outdoors with a little gardening today.	16 Experience Indigenous bead stringing bracelet as part of On The Land We Love	17 Why not try Chair Yoga . Register with the Collingwood Public Library	18 Add colour to your sidewalk or driveway with chalk. Include a positive message.	19 Have a picnic by the water. Enjoy the view at Sunset Point Park.
20 Visit one of our 26 Parks today!	21 Today is the Summer Solstice, World Yoga Day & World Skateboard Day	22 It's Pollinator week follow Pollinate Collingwood's Butterfly Way and learn more about pollinators	23 Bhangra dance with Gurdeep Pandher of the Yukon part of On The Land	24 What better way to explore nature and be active than bird watching	25 Wheel to Work —Bike, skateboard, scooter or Rollerblade to work/school	26 Give Geocaching a try!
27 Take a run or walk on our more than 60kms of trails!	28 Take a journey back in time and explore Collingwood's Heritage signs.	29 Do your own Scavenger Hunt with friends!	30			



#JRPM2021