POOL SCHEDULE (check weekly) www.collingwood.ca

November 16th – 22nd, 2026

Monday November 16th

Adult Lane Swim	7:00-8:30am
Aquafit	9:35-10:30am
Adult Open Swim	10:30-11:30am (no lanes)
Adult Lane Swim	12:00-1:30pm
Aquatherapy	12:00-1:00pm (Pre-Registration Required, Warm Water Pool Only)
Adult Leisure Swim	1:30-2:30pm

Tuesday November 17th

Adult Leisure Swim	8:30-9:30am
Family Swim	9:35-11:00am
Baby & Me	10:30 – 11:20am (Pre-registration online, Main Pool)
Adult Lane Swim	12:00-1:30pm
Tai Chi	12:00-1:00pm (Warm Water Pool drop in)
Lessons	4:00-9:00pm - **Week Five**

Wednesday November 18th

Adult Lane Swim	7:00-8:30am
FREE Aquafit	**9:35-10:30am Sponsored by *Chartwell***
Adult Open Swim	10:30-11:30am (no lanes)
Adult Lane Swim	12:00-1:30pm
Adult Leisure Swim	1:30-2:30pm
Open/Lane Swim	6:30-7:25pm

Thursday November 19th

Adult Lane Swim	7:00-8:00am
Adult Leisure Swim	8:00-8:55am
Lessons	8:55am-12:00pm - **Week Five**
Adult Lane Swim	12:00-1:30pm
Aqua Stretch & Flow	12:00-1:00pm (Warm Water Pool drop in)
Adult Leisure Swim	1:30-2:30pm

Friday November 20th

Lane Swim	7:30-8:30am (one youth lane for 10+)
Aquafit	9:35-10:25am
Family Swim	10:30-11:30am
Adult Lane Swim	12:00-1:30pm
Adult Leisure Swim	1:30-2:30pm
FREE OPEN SWIM	**7:00-8:00pm**

Saturday November 21st

Swim Lessons	9:00-12:30pm - **Week Six**
Adult Lane Swim	12:00-1:00pm (Main Pool Only)
Open Swim	1:30-3:00pm

Sunday November 22nd

Adult Lane Swim	1:00-2:00pm
Open Swim	2:00-3:00pm (two lanes available)
Swim Lessons	3:00-7:30pm – **Week Six**

POOL SCHEDULE (check weekly) www.collingwood.ca

ADMISSION & PROGRAM DESCRIPTIONS:

**See Website for Admission Standards and most current program schedule
(last minute changes may happen)
www.collingwood.ca/aquatics-programs

Lane Swim - Main pool designated for lengths & warm-water pool for exercise. Ages 16 years+ (unless otherwise indicated on the schedule). Lane markers for "slow, medium, fast" swimmers, lanes are to be shared

Leisure Swim - Lanes available for lengths in the main pool & open for general exercise. Both pools available. 16 years+

Family Swim - Designated for families (guardians/parents + child(ren)), both pools available. No adult swimming available during these times.

Youth Swim - Open access to both pools. Ages 10-17.

Open Swim - Open access to both pools. All ages may attend.

Aquafit - Instructed Aqua Aerobics access to both pools with music. Ages 16 years+

Aquatherapy - Instructed therapeutic exercises, warm water pool only. Registration is required.

Low Sensory Swim – A quieter swim time with dimmed lights, no music, and reduced capacity. Designed for individuals who have physical disabilities or are sensitive to sensory input, such as those with autism or sensory processing disorders.