



POOL SCHEDULE (check weekly) www.collingwood.ca

September 28th – October 4th, 2026

Monday September 28th

Adult Lane Swim	7:00-8:30am
AquaFit	9:35-10:30am
Adult Open Swim	10:30-11:30am (no lanes)
Adult Lane Swim	12:00-1:30pm
Aquatherapy	12:00-12:50pm (Pre-Registration Required, Warm Water Pool Only)
Adult Leisure Swim	1:30-2:30pm
Open/Youth Lane Swim	6:30-7:30pm (2 youth lanes)

Tuesday September 29th

Adult Lane Swim	8:30-9:30am
Adult Leisure Swim	9:30-10:30am
Family Swim	10:35-11:30am (no lanes)
Adult Lane Swim	12:00-1:30pm
Tai Chi	12:00-1:00pm (Warm Water Pool drop in)
Open/Youth Lane Swim	6:00-7:00pm (2 lanes for 10+)
Adult Lane Swim	7:30-8:30pm

Wednesday September 30th – Truth and Reconciliation Day

Adult Lane Swim	7:00-8:30am
AquaFit	9:35-10:30am
Adult Open Swim	10:30-11:30am (no lanes)
Adult Lane Swim	12:00-1:30pm
Aquatherapy	12:00-12:50pm (Pre-Registration Required, Warm Water Pool Only)
Leisure Swim	1:30-2:30pm
Open/Lane Swim	6:35-7:25pm (2 lanes)

Thursday October 1st

Adult Lane Swim	7:00-8:30am
Adult Leisure Swim	8:30-9:30am
Family Swim	9:30-11:30 (no lanes)
Adult Lane Swim	12:00-1:30pm
Adult Leisure Swim	1:30-2:30pm

Friday October 2nd

Lane Swim	7:30-8:30am (one youth lane for 10+)
AquaFit	9:35-10:25am
Family Swim	10:30-11:30am
Adult Lane Swim	12:00-1:30pm
Adult Leisure Swim	1:30-2:30pm
FREE OPEN SWIM	7:00-8:00pm

Saturday October 3rd

Adult Leisure Swim	9:30-10:30am
Family Swim	10:30-11:30am (Warm Water Pool Only)
Adult Lane Swim	12:00-1:00pm
Open Swim	1:30-3:00pm

Sunday October 4th

Adult Leisure Swim	1:00-2:00pm
Open Swim	2:00-3:00pm (two lanes available)



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ADMISSION & PROGRAM DESCRIPTIONS:

**See Website for Admission Standards and most current program schedule

(last minute changes may happen)

www.collingwood.ca/aquatics-programs

Lane Swim - Main pool designated for lengths & warm-water pool for exercise. Ages 16 years+ (unless otherwise indicated on the schedule). Lane markers for "slow, medium, fast" swimmers, lanes are to be shared

Leisure Swim - Lanes available for lengths in the main pool & open for general exercise. Both pools available. 16 years+

Family Swim - Designated for families (guardians/parents + child(ren)), both pools available. No adult swimming available during these times.

Youth Swim - Open access to both pools. Ages 10-17.

Open Swim - Open access to both pools. All ages may attend.

Aquafit - Instructed Aqua Aerobics access to both pools with music. Ages 16 years+

Aquatherapy - Instructed therapeutic exercises, warm water pool only. Registration is required.

Low Sensory Swim – A quieter swim time with dimmed lights, no music, and reduced capacity. Designed for individuals who have physical disabilities or are sensitive to sensory input, such as those with autism or sensory processing disorders.