YOUR PLASTIC-FREE GUIDE TO

Enjoy the outdoors with these plastic-free activities.

BY ELLA SCHWARTZ



Create a buzzy bird spot with just a milk or juice carton.

- Cut a 3-inch hole in one side of a clean, empty milk or juice carton.
- Poke a small hole below the opening and stick a twig in the hole all the way to the end of the carton.
- Fill the carton with a layer of sunflower seeds plus a few peanuts.
- Attach a string to the top of the feeder and hang it from a tree.

KITE

Fly high with this homemade kite.

- Gather 2 straight sticks between 2 and 3 feet long. Lay them in a T-shape and use string to tie them together at the point where they cross each other.
- Use a long piece of string to create a diamond around the sticks by looping the string around each end of the sticks, then tying it off once your diamond is complete. This will create the frame of the kite.
- Lay the frame on top of a spread-out newspaper. Cut the newspaper to match the shape of the kite frame, but about 2 inches larger on each side.



- Fold the newspaper over the string frame and use tape or glue to secure it.
- Tie a long piece of string to the point where the two sticks cross to make the line that you'll hang on to.
- Hold the end of the string in one hand and the kite frame in the other hand. Start running, then when you've picked up speed let go of the frame. Watch your kite soar!



BUBBLES

Blow giant bubbles—without store-bought plastic wands or bubble solution.



- Untwist a wire hanger, then bend one end into a diamond, square, or circle shape. (You'll use the rest of the hanger as a handle.)
- Wrap yarn or string around the part of the hanger that forms the shape. (This will help the bubble solution stick to the wand.)
- To make the bubble solution, mix 5 cups of

- water, 2 cups of liquid dish soap, and 1/2 cup of corn syrup in a container that's large enough to fit the wand's shape.
- Dip the wand in the solution, making sure the yarn or string is completely coated. Move the wand through the air in a slow. smooth motion to create bubbles.

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