

POOL SCHEDULE

September 30th – October 6th

Monday September 30th

Lane Swim	7:00-8:30 a.m.
Aquafit	9:35-10:25 a.m.
Adult Open Swim	10:30-11:30 a.m. (no lanes)
Lane Swim	12:00-1:30 p.m.
Aquatherapy	12:00-12:50pm (Warm Water Pool Only, Pre-registration required)
Leisure Swim	1:30-2:30 pm
Open Swim/Lane Swim	6:30-7:30 p.m. (2 lanes available)

Tuesday October 1st

Leisure Swim	8:30-10:00 a.m.
Family Swim	10:15-11:30 a.m.
Lane Swim	12:00-1:30 p.m.

Wednesday October 2nd

Lane Swim	7:00-8:30 a.m.
Aquafit	9:35-10:25 a.m.
Adult Open Swim	10:30-11:30 a.m. (no lanes)
Lane Swim	12:00-1:30 p.m.
Aquatherapy	12:00-12:50pm (Warm Water Pool Only, Pre-registration required)
Leisure Swim	1:30-2:30 pm
Open Swim/Lane Swim	6:30-7:30 p.m. (2 lanes available)

Thursday October 3rd

Lane Swim	7:00-8:30 a.m.
Leisure Swim	8:30-9:30 a.m.
Baby & Me AquaFit	9:45-10:25 a.m. (Pre-Register Online, Main Pool)
Family Swim	10:30-11:30 a.m.
Lane Swim	12:00-1:30 p.m.
Coaching Hour	1:30-2:30pm – Coaches must pre-book lanes through front desk

Friday October 4th

Lane Swim	7:30-8:30 a.m.
Aquafit	9:35-10:25 a.m.
Family Swim	10:30-11:30 a.m.
Lane Swim	12:00-1:30 p.m.
Leisure Swim	1:30-2:30 pm
FREE Open Swim	6:45-8:00 p.m.

Saturday October 5th

Lane Swim	12:00-1:30 p.m.
Open Swim	2:00-3:30 p.m.

Sunday October 6th

CLOSED

Lane/Leisure/Aquafit – 16+ years

Baby & Me AquaFit – Guardians + Infants (4mths – 2 yrs)

Open Swim – All Ages

Family Swim – Parents & Children

**See Website for Admission Standards and most current program schedule (last minute changes may happen)

www.collingwood.ca/aquatics-programs