# Safety Guidelines for Adopt-A-Road Program



#### YOUR SAFETY COMES FIRST

Thank you for participating in the Town of Collingwood's Adopt-A-Road program. To protect yourself while you are on the work site, the Town has established safety guidelines which shall be reviewed before each clean-up session by all volunteers.

#### ✓ THINK SAFETY

- Always be aware of your surroundings
- o Stay mentally alert
- Be in good physical shape
- o Do not horseplay around on the work site
- Be a member of your team
- o Always work in daylight hours
- o Do not work in inclement weather
- o Stay clear of water hazards
- Avoid overexertion
- Wear your Town-approved safety vest at all times
- Stay alert for and avoid hazardous plants (i.e., poison ivy) and stinging insects

## ✓ IN CASE OF AN EMERGENCY

- o Have a first-aid kit immediately available
- Pre-select the most direct route to the nearest medical emergency facility
- o Always have transportation immediately available
- $\circ$  Know where the nearest telephone is located

## ✓ GET ORGANIZED

- Organize your workers into crews before you load the car-pool
- There should always be an adult supervisor (crew chief) for each 5 or 6 workers
- Review the safety rules with all workers before proceeding to the work segment
- The crew supervisor shall be the safety "Watchdog"
- Know where the nearest telephone is located
- $\circ$  Keep an adequate supply of trash bags and disposable gloves

#### ✓ WHAT TO WEAR

- Wear hiking boots or shoes with thick soles to prevent foot damage from sharp objects
- Wear appropriate clothing that won't distract motorists
- Wear disposable gloves
- When working in the sun, wear a baseball cap or wide-brimmed hat, a long sleeve shirt and sunscreen lotion
- o Leave your headset stereo/radio at home
- Wear your safety vest at all times

## ✓ TRANSPORTATION

- Car-pool to your road segment to use as few vehicles as possible
- Park parallel to the road, at least 6 feet away from the pavement surface before unloading your crew
- $\circ~$  Park on the same side of the road that you plan to work
- o Always work facing the traffic
- Drive your crew to the opposite side when your crew switches sides

## ✓ WHEN YOU ARE ON THE SITE

- Never walk on or pick up litter on the paved road, shoulder or in the median
- Stay away from mowing or construction operations
- o Stay alert for poison ivy and stinging insects
- Avoid overexertion
- o Bring lots of water to drink while you work, especially on hot humid days
- o Alcoholic beverages will be not permitted on the site

## ✓ HANDLING THE LITTER

- Do not touch or pick up anything you cannot identify; it may be a hazardous item.
- Do not jump or step on your trash bag to pack more in.
  The group may keep any recyclable materials.

Thanks again for participating in the Town of Collingwood's "Adopt-A-Road" Program and supporting our Greener Collingwood initiative.

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